

# Important Information about Camp Medications

Dear Parents,

Alabama laws regulate the way we are able to give medications to your child at camp. The nurses cannot use the camp supply of medications to treat your child. You must supply any and all medications that your child may need.

## We recommend that you send the following medications with your child to camp:

*Small/travel –size original containers (no pill boxes or dose organizers)*

### 1. Over-the-Counter Medications (generic forms are ok)

Fever/Pain – Tylenol or Advil/Motrin

Antihistamine – Benadryl, Claritin, or Zyrtec

Antibiotic Ointment – Neosporin/Triple Antibiotic Ointment

Hydrocortizone Cream – Cortizone 10/Hydrocortizone 1.0%

Other/Optional - Cough Drops/lozenges, Tums, Gold Bond powder,

Calamine lotion

### 2. Prescription Medications

Any regular or occasional prescription medications should also be sent to camp (for example, migraine medicine). Prescription medications must have the original pharmacy label that shows your child's name, and the name of the prescribing doctor.

If your child uses an inhaler, or Epi-Pen, please send an extra in case these get misplaced at camp.

All medications will be kept by the nurses in the Camp Clinic. Remember, if you don't send the medicine, we cannot treat your child.

Siblings may share a supply of medications if they are both in junior camp or both in senior camp, and can all take the same medications. If your children are in different camps, each one needs his or her own supply.

We still need your permission to administer all these medications, so be sure to complete and sign the medical forms.

Thanks for your help and understanding! The FC Camp Nurses